



Members' Update September 2019

Greetings

Our next meeting is Monday 9th September at the Dowse.

September Speaker

David Sole Manager Botanic Gardens of Wellington

David will tell us the early history of Wellington Botanic Gardens and the challenge of his job overseeing the gardens which include Wellington Botanic Garden, Otari Wiltons Bush, Truby King Park and Bolton Street Cemetery.



David is a past President of the Royal New Zealand Institute of Horticulture, an Associate of Honour of the RNZIH, and is the current New Zealand Vice President of Botanic Gardens of Australia and New Zealand.

Ko ngā pae tawhiti whāia kia tata, ko ngā pae tata, whakamaua kia tina
The potential for tomorrow depends on what we do today.

Last month's Speaker

Marc Wilson Professor of Psychology at Victoria University of Wellington

In August Marc provided us with some interesting and entertaining results from studies about why people believe certain things. For example, why after 50 years since the moon landings, around one in 10 New Zealanders think this historic event was a hoax.

More than 90% of climate scientists believe humans are contributing to climate change, but only about two-thirds of us agree.



In his talk, Marc explained that how we think about science (and other issues) is deeply rooted in our lives and how early experiences condition the way we see the world.

Marc asked us to donate his speaker honorarium and we have given it to Vibe - a 'youth one stop shop' providing free confidential health and support services to Hutt Valley young people aged 10 – 24 years.

Established in 1996, Vibe's mission is to "enable Hutt Valley young people to access services which promote their wellbeing".

Auckland University Nutrition and Swallowing Survey

Anna Miles PhD says, "All too often, ageing is used as a justification for swallowing difficulties. Yet, many people continue to eat well throughout older age. We want to gain a true picture of swallowing and nutrition in people in New Zealand over 65 years old."

"We need over 1000 people over 65 to complete our survey."

If you can help go to the link below – the survey is interesting and takes about 10 minutes.

https://auckland.au1.qualtrics.com/jfe/form/SV_2lzUYRfymLR3C9T?fbclid=IwAR3YONzcX0z6L_J4I50L8Xy54_V_1TIhwogSNCwd3ajT-OwR-cO6TMV1nU

Coming Theatre Attractions

Hutt Repertory is staging the delicious English comedy, *"The Rivals"*, by Sheridan in October. Theatre Group convenor, Christine Williams, plans to book for a Saturday matinee and will let us know the date and price, and collect the money before buying the tickets. In November *"Meeting Karpovsky"* starring Helen Moulder and Sir John Trimmer will be on offer at Circa. Contact Christine Williams phone 568-2342 or email mizuchris@yahoo.com.au

Life in the 1840s

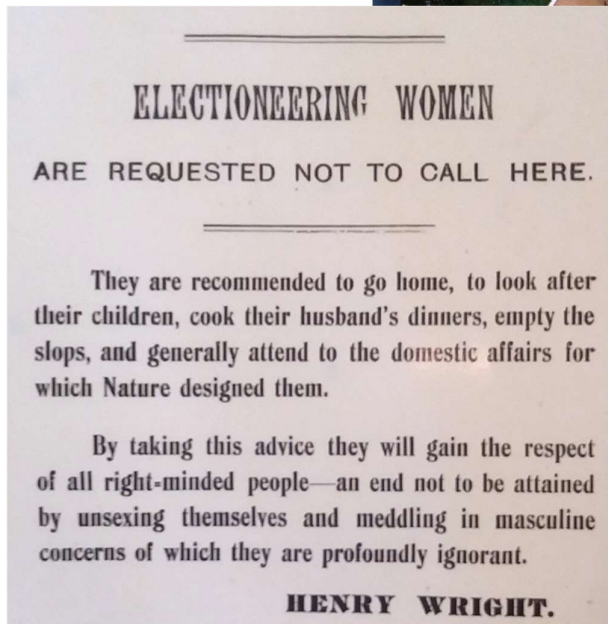
The Walking and Local History Group marked the last day of winter with a visit to Golder Cottage, 707 Fergusson Drive, Upper Hutt. Life was tough for the early settler family . . .



. . . but not without its heirloom charm . . .

. . . small comforts . . .

. . . and good advice!



August Word of the Day akratic

Adjective

Characterized by weakness of will that results in acting contrary to one's better judgment. From Greek a- (without) + kratos (power, strength). Earliest documented use 1896.

"Smoking causes cancer, heart disease, stroke, emphysema, you name it. Too many young people, especially young women, are taking it up without any real understanding of the risks, and when they do understand the risks they are akratic - they just can't help themselves."

Boris Johnson *"Banning smoking in cars is bizarre, intrusive - and right."*
The Daily Telegraph Feb 10, 2014.

August Thought for the Day

Anyone entrusted with power will abuse it if not also animated with the love of truth and virtue, no matter whether he be a prince, or one of the people.

*Jean de la Fontaine, poet and fabulist
(1621-1695)*

Hutt U3A Group Contacts

Antiques and Collectibles – 4th Tue 2pm. Convenor – Catherine Chapman 970 4932.

Books – 3rd Thu 1pm. War Memorial Library. Convenor - Pam Lee 565 1716.

Current Affairs and Topics of Interest Group (CATIG) 4th Mon 1 pm. Russell Keown House, Queens Drive. Convenor – Ken Baird 564 2579.

Film – 1st Mon morning. Convenor – Pam Lee 565 1716.

Scrabble – 2nd Tue and 4th Wed at 1.30pm. Convenor – Pam Lee 565 1716. Meets in members' homes.

Theatre – Convenor – Christine Williams 568 2342.

Walking and Local History – last day of the month. Convenor Brenda Baker 569 5308.

See you at the Dowse for a cuppa 1pm on
9th September.

<https://huttu3a.weebly.com/>

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